



MONTHLY NEWSLETTER

November 2010

Advocate Support Services, Inc.

HAPPY THANKSGIVING!!

We hope you are finding this newsletter informative and helpful. We continue to look forward to your submissions and contributions.

Deadline for newsletter submissions for our December issue is Monday, November 29, 2010. Submit to Jennifer@AdvocateSupport.com, or call ext. 74.

Please also view our newsletter at www.AdvocateSupportBlog.com.

INSIDE THIS ISSUE

- 1 Share & Care
- 2 Resource Page
CAC News
News & Noteworthy
- 3 Event Details
- 4 Calendar

SHARE & CARE

Postings:

PIANO LESSONS: \$5.00 per half hour. Must be accompanied by your advocate, as these are offered from a private home. If interested, please contact Kim at ext..

BALTIMORE FREE STORE: 1413 West Baltimore Street Baltimore, MD 21223. Open to shop and donate most Saturdays, 10am - 3pm Call for information: 410.340.9004

MOVING: Many of our clients are expressing a need for transportation assistance with moving furniture. If you know anyone with a truck, who can help move furniture, please contact Jennifer at ext.74.

BEAUTY SERVICES: Several of our clients are offering professional beauty services, at excellent rates. For more information, contact Stephenie or Heidi.

TUTORING: Anyone interested in private or small tutoring groups, please contact Terence.

BARBER SERVICES: Rauf's Hair International Barbershop located at 3044 Greenmount will give a great cut for \$13 excluding tax if you say Heidi sent you.

PITBULL PUPPIES FOR SALE: 10 pit bull puppies for 200 or best offer for L Greene. Contact Marlo for details.

CAKES BY ANGELA: everyday and special occasion cakes. Contact Shana for details.

Advocate Support Services

1738 Forest Drive
PMB 251
Annapolis, MD 21401

Fax: 800-372-0799

Email: info@advocatesupprt.net

www.AdvocateSupport.com

www.AdvocateSupportBlog.com

Phone: 866-277-2080

Jim ext. 71

Sandy ext. 72

Jennifer ext. 74

Marlo ext. 88

Kim ext. 76

Shana ext. 75

Heidi ext. 83

Day ext. 80

Stephenie ext. 82

Terence ext. 78

Lyle ext. 79

Due to scheduling adjustments, the next CAC meeting is scheduled for Friday, November 19, 2010, 1pm – 3pm, at the Atrium at Sinai. All CAC members have been notified via mail.

In the near future, CAC minutes and information will be posted on Advocate's web blog.

If you have questions, concerns or comments for the CAC, please obtain contact information from Jennifer.

**Deadlines for applying for holiday assistance are fast approaching, and in some cases, expired. Please contact your caseworker for further details.

**Please remember to RSVP for any event that you wish to attend. It helps us better budget our resources!

**Advocate's Holiday Party 2010 is scheduled for Saturday, December 18th, noon until 4pm. Please watch for a separate flyer with a special announcement and more details.

RESOURCE PAGE – COLD WEATHER SHELTERS

1st Call for Help (800) 492-0618; Local (410) 685-0525

24 hrs a day / 7 days a week.

Walk-In Hours: Mon.-Fri., 8:30 a.m.- 3:30 p.m.

100 S. Charles 5th Floor Baltimore, MD 21201

Call to find all types of assistance, including food, energy, holiday, eviction, etc.

Heart's Place Services and Shelter

A 20-bed winter overnight shelter three nights per week. Provides meals, showers, clothing, and laundry facilities. Shelter opens the first Sun in Nov.

Opens the first Sunday in November and closes mid-April.

Defined coverage areas: Baltimore City County

2640 St. Paul Street

Baltimore MD 21218-4523 United States

Register on Sundays at 8AM (walk in). Clients referred by a social service agency have preference.

(410) 235-9269

(410) 366-7734 fax

heartsp@earthlink.net

Arundel House of Hope, Winter Relief Emergency Shelter

SHELTER: Provides an overnight winter shelter November-April. Must have a state issued picture ID. Walk in. Must pass a breathalyzer test and provide intake information for admission. Will help to get a state issues ID. Meals are provided.

514 North Crain Highway Suite K

Glen Burnie MD 21061 United States

(410) 863-4888

(410) 863-7235 fax

pbailey@arundelhoh.org

Spring Grove Hospital West Side Emergency Shelter

Call (410) 853-3000 option 2. For single men only. Open 24/7 (stays during day time hours are judged on a case by case basis). Dinner and breakfast will be provided. Laundry and shower facilities are available. Access is only by a shuttle that operates from 5PM until 8PM or until the shelter fills. Be at location by 4PM to sign in. The shuttle location is at the bus shelter at Wilkins Ave and Aeron Park Drive. #35 bus. In front of Loudon Park Cemetery. The phone number is 443-299-3014 (staffed 5PM-9AM), but people do not need to call to get in the shelter

55 Wade Avenue

Catonsville MD 21228 United States

(410) 402-7099 fax

EVENT DETAILS

PLEASE RSVP TO GROUP FACILIATORS. THANK YOU!!!

Knitting & Crochet with Kim

The first 3 Tuesdays of every month, 1pm – 2:30m, meeting at the Starbucks/Target at Mondawmin Mall. Supplies and teaching are offered; no experience necessary. Coffee/snacks provided.

Diabetic Support Group with Sandy

TBD. Meeting in the Atrium at Sinai Hospital. Education and support for persons with diabetes. Lunch provided.

Book Club with Sandy

TBD. Meeting in the Atrium at Sinai Hospital. Conversation and sharing about written works, with a new book discussed each month. Books/equipment supplied. Lunch provided. NEW BOOK in November,

Men's Group with Terence

Mondays, November 8th and 22nd, 12:30pm – 1:30pm, meeting in the Atrium at Sinai Hospital. Support group to discuss men's issues and concerns. Snack provided.

Card Club with Jennifer

Tuesday November 23rd, 12:30pm – 2pm, meeting at the Atrium at Sinai. Card games and socialization. No experience necessary. Coffee/snacks provided.

Clean & Sober Club with Sandy

TBD. Meeting in the Atrium at Sinai Hospital. Education and support for persons struggling with addiction issues. Lunch provided.

Bowling with Advocate

Thursday November 18th, noon – 2pm, AMF Woodlawn Lanes 6410 Security Boulevard Baltimore, MD 21207-5177. Open to clients and a guest; space is limited, so please RSVP to your caseworker by November 15th. Lunch provided

Resource Club with Jennifer

Tuesday, November 16th, 12:30pm – 2pm, meeting at the Atrium at Sinai. Come by for information and resources. This month's focus: cold weather resources. Coffee/snacks provided.

Ice Cream Social with Jennifer

Tuesday, November 9th, 12:30pm – 2pm. Baskin Robbins (Dunkin' Donuts), 5800 Reisterstown Rd Baltimore, MD 21215 (next to DSS). Join us for ice cream and socialization. Snack provided.

Living with Grief, with Sandy

TBD. Meeting at the Atrium at Sinai Hospital. Offering support and coping skills for people suffering with grief and loss. Lunch provided.

November 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 Halloween	1	2 Election Day - 1:00 PM Knitting group with Kim	3	4	5	6
7 Daylight S...ime Ends	8 - 12:30 PM Men's Group w/ Terence - 3:00 PM AA County group	9 - 12:30 PM Ice cream social - 1:00 PM Knitting group with Kim	10	11 Veteran's Day	12	13
14 - 3:00 PM AA County group	15	16 - 12:30 PM Resource group w/ Jennifer - 1:00 PM Knitting group with Kim	17	18 - 12:00 PM Bowling	19 - 1:00 PM CAC quarterly meeting	20
21 - 12:30 PM Men's Group w/ Terence - 3:00 PM AA County group	22	23 - 12:30 PM Card group w/ Jennifer	24	25 Thanksgiving	26	27
28 - 3:00 PM AA County group	29	30	1 - 9:30 AM Reboot Trip	2	3	4