



# MONTHLY NEWSLETTER

October 2010

Advocate Support Services, Inc.

## AUTUMN!

It looks like summer has finally gone. The weather will soon be getting chilly, and now is good time to take inventory of winter clothing and housing needs. Please contact your caseworker if you find you are in need of resources.

In response to client comments, we are making a concerted effort to have our newsletter printed by the 1<sup>st</sup> of each month. We continue to work diligently toward that goal. Please also view our newsletter at [www.AdvocateSupportBlog.com](http://www.AdvocateSupportBlog.com).

Deadline for newsletter submissions for our October issue is Monday, October 25, 2010. Submit to [Jennifer@AdvocateSupport.com](mailto:Jennifer@AdvocateSupport.com), or call ext. 74.

## SHARE & CARE

### Postings:

**PIANO LESSONS:** \$5.00 per half hour. Must be accompanied by your advocate, as these are offered from a private home. If interested, please contact Kim at ext..

**BALTIMORE FREE STORE:** 1413 West Baltimore Street Baltimore, MD 21223. Open to shop and donate most Saturdays, 10am - 3pm Call for information: 410.340.9004

**PETS:** Looking for a pet? Or looking to put a pet up for adoption? Let us post it in "Share & Care". Contact Jennifer at ext. 74.

**MOVING:** Many of our clients are expressing a need for transportation assistance with moving furniture. If you know anyone with a truck, who can help move furniture, please contact Jennifer at ext.74.

**BEAUTY SERVICES:** Several of our clients are offering professional beauty services, at excellent rates. For more information, contact Stephenie or Heidi.

**TUTORING:** Anyone interested in private or small tutoring groups, please contact Terence.

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### Advocate Support Services

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PMB 251  
Annapolis, MD 21401

Fax: 800-372-0799

Email: [info@advocatesupprt.net](mailto:info@advocatesupprt.net)

[www.AdvocateSupport.com](http://www.AdvocateSupport.com)

[www.AdvocateSupportBlog.com](http://www.AdvocateSupportBlog.com)

Phone: 866-277-2080

Jim ext. 71

Sandy ext. 72

Jennifer ext. 74

Marlo ext. 88

Kim ext. 76

Shana ext. 75

Heidi ext. 83

Day ext. 80

Stephenie ext. 82

Terence ext. 78

Lyle ext. 79

The next CAC meeting will be held the 3rd Thursday in November the 18<sup>th</sup>, at 1pm. Agenda items include voting on officer duties, as well as by-laws.

In the near future, CAC minutes and information will be posted on Advocate's web blog.

If you have questions, concerns or comments for the CAC, please obtain contact information from Jennifer.

**\*\*Deadlines for applying for holiday assistance are fast approaching. Please contact your caseworker for further details. There will also be a resource group this month, with Jennifer. See calendar for details.**

**\*\*Please remember to RSVP for any event that you wish to attend. It helps us better budget our resources!**

**\*\*October brings us another "Free Fall Baltimore!" where many arts events in the city are completely FREE. Ask your caseworker for more details,**

## RESOURCE PAGE – HOLIDAY ASSISTANCE

*First Call for Help: 211 or 1-800-492-0618*

Bethel Outreach Center  
1429 McCulloh Street  
Baltimore MD 21217

**\*\*THANKSGIVING -- HARVEST OF PLENTY (HOP):** Will distribute food baskets to low-income individuals/families who are receiving one of the following: unemployment, food stamps, MEAP, SSI/SSDI, TCA, TEHMA or TDAP. Clients sign up via FCFH until list is full (100 households). Distribution date is Tuesday, November 24<sup>th</sup>, 12Noon-2: 30PM.

Must bring picture I.D., Social Security card, and proof of eligibility to pick up basket; if the person who registered cannot pick up, a proxy must be designated ahead of time and show I.D.

**\*\*CHRISTMAS:** Will serve a meal; check with Ms. Sally for day and time.

### **Southwest Emergency Services**

1201 Maple Avenue  
Baltimore MD 21227-2639

**\*\*THANKSGIVING:** Two churches providing Thanksgiving meal to anyone in need (Nov 26<sup>th</sup>), no ID or referral needed. Client should call individual churches for time. Arbutus UMC, 410-242-9029, 1-4PM. 1201 Maple Ave., MD 21227. Lansdowne UMC, 410-247-4624, 114 Laverne Avenue MD 21227

**\*\*CHRISTMAS:** Provides food baskets for anyone in need who resides in the 21227 catchment area. Must apply in person beginning Oct 1<sup>st</sup> until December 15<sup>th</sup> 9-11AM. A referral is needed for clients living in Lakebrook circle ONLY. Photo ID and proof of residency are required. //Provides toys for anyone in need who resides in the 21227 catchment area. Must apply in person beginning October 1<sup>st</sup> until December 11<sup>th</sup> 9-11AM. Must have a referral from the school or talk to the director. Photo ID and proof of residency are required.

## EVENT DETAILS

PLEASE RSVP TO GROUP FACILIATORS. THANK YOU!!!

### Knitting & Crochet with Kim

The first 3 Tuesdays of every month, 1pm – 2:30pm, meeting at the Starbucks/Target at Mondawmin Mall. Supplies and teaching are offered; no experience necessary. Coffee/snacks provided.

### Diabetic Support Group with Sandy

Wednesdays, October 13<sup>th</sup> and 27<sup>th</sup>, 11:30am – 1pm, meeting in the Atrium at Sinai Hospital. Education and support for persons with diabetes. Lunch provided.

### Book Club with Sandy

Thursday, October 14<sup>th</sup>, 11:30am – 1pm, meeting in the Atrium at Sinai Hospital. Conversation and sharing about written works, with a new book discussed each month. Books/equipment supplied. Lunch provided. NEW BOOK in November,

### Men's Group with Terence

Mondays, October 11<sup>th</sup> and 25<sup>th</sup>, 12:30pm – 1:30pm, meeting in the Atrium at Sinai Hospital. Support group to discuss men's issues and concerns. Snack provided.

### Craft Club with Jennifer

Thursday, October 28<sup>th</sup>, 2pm – 3:30pm, meeting at the Atrium at Sinai. We'll be doing rubber-stamping projects for the rest of the year. Supplies and teaching are offered; no experience necessary. Coffee/snacks provided.

### Clean & Sober Club with Sandy

Wednesday, October 20<sup>th</sup>, 11:30am – 1pm, meeting in the Atrium at Sinai Hospital. Education and support for persons struggling with addiction issues. Lunch provided.

### Bowling with Advocate

Thursday October 21<sup>st</sup>, noon – 2pm, AMF Woodlawn Lanes 6410 Security Boulevard Baltimore, MD 21207-5177. Open to clients and a guest; space is limited, so please RSVP to your caseworker by October 11<sup>th</sup>. Lunch provided

### Resource Club with Jennifer

Tuesday, October 12<sup>th</sup>, 2pm – 3:30pm, meeting at the Atrium at Sinai. Come by for information and resources. This month's focus: holiday assistance. Coffee/snacks provided.

### Ice Cream Social with Jennifer

Monday, October 18<sup>th</sup>, 2pm – 3:30pm, Baskin Robbins (Dunkin' Donuts), 5800 Reisterstown Rd Baltimore, MD 21215 (next to DSS). Join us for ice cream and socialization. Snack provided.

### Living with Grief, with Sandy

Thursday, October 21<sup>st</sup>, 11:30am – 1pm, meeting at the Atrium at Sinai Hospital. Offering support and coping skills for people suffering with grief and loss. Lunch provided.

# October 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
26 ■ 12:30 PM Men's group w/ Terence	27 ■ 2:00 PM Weight Loss Support w/Jennifer	28 ■ 11:30 AM Clean & Sober Club w/ Sandy	29	30	1 Interims to be sent home.	2	
3	4 High School Assessment (HSA) Administration.					8	9
10	11 ■ 1:00 PM Knitting w/ Kim ■ 2:00 PM Resource group w/Jennifer ■ 12:30 PM Men's Group	12 ■ 10:00 AM Reboot Trip	13 PSAT ■ 11:30 AM Diabetic Support Group	14 ■ 11:30 AM Book Club	15 Schools clos...lopment Day.	16	
17 ■ 2:00 PM Ice Cream Social	18 ■ 1:00 PM Knitting w/ Kim	19 ■ 11:30 AM Clean & Sober Group	20 ■ 11:30 AM Living with Grief Group ■ 12:00 PM Bowling	21	22	23	
24 ■ 12:30 PM Men's Group	25	26 ■ 11:30 AM Diabetic Support Group	27 ■ 2:00 PM Craft group w/Jennifer	28	29 Schools clos...rten and ECI. Two-hour ea... all students. End of first ...riod (46 days).	30	
31 Halloween	1 Beginning of...rking period.	2 General Elect...ffices closed. Election Day	3	4	5 National Mid...lopment Day.	6	