



MONTHLY NEWSLETTER

September 2010

Advocate Support Services, Inc.

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CHANGES!

Due to computer difficulties, August's newsletter was not processed. We have corrected the matter, and appreciate your patience.

In response to client comments, we are making a concerted effort to have our newsletter printed by the 1st of each month. We are working diligently toward that goal.

Deadline for newsletter submissions for our October is Monday, September 27, 2010. Submit to Jennifer@AdvocateSupport.com, or call ext. 74.

You'll also note our expanded sidebar, to the left of this text. We have included more detailed contact information for our agency and staff, as a means to furthering communication. Let us know what you think!

SHARE & CARE

Postings:

PIANO LESSONS: \$5.00 per half hour. Must be accompanied by your advocate, as these are offered from a private home. If interested, please contact Kim at ext..

BALTIMORE FREE STORE: 1413 West Baltimore Street Baltimore, MD 21223. Open to shop and donate most Saturdays. Call for information: 410.340.9004

PETS: Looking for a pet? Or looking to put a pet up for adoption? Let us post it in "Share & Care". Contact Jennifer at ext. 74.

KITTENS FOR SALE: About 12 weeks old now. Two available. Best offers considered. Looking to place ASAP. Contact Jennifer at ext. 74.

MOVING: Many of our clients are expressing a need for transportation assistance with moving furniture. If you know anyone with a truck, who can help move furniture, please contact Jennifer at ext.74.

Advocate Support Services

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Annapolis, MD 21401

Fax: 800-372-0799

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www.AdvocateSupport.com

www.AdvocateSupportBlog.com

Phone: 866-277-2080

Jim ext. 71

Sandy ext. 72

Jennifer ext. 74

Marlo ext. 88

Kim ext. 76

Shana ext. 75

Heidi ext. 83

Day ext. 80

Stephenie ext. 82

Terence ext. 78

Lyle ext. 79

COMMUNITY ADVISORY COMMITTEE

NEWS & NOTEWORTHY

The CAC held its quarterly meeting 8/21/10, followed by an introduction to other clients, at Advocate's summer cookout.

In the near future, CAC minutes and information will be posted on Advocate's web blog.

If you have questions, concerns or comments for the CAC, please obtain contact information from Jennifer.

**Deadlines for applying for holiday assistance are fast approaching. Please contact your caseworker for further details.

**Please remember to RSVP for any event that you wish to attend. It helps us better budget our resources!

**We're always accepting ideas and suggestions to improve our program. Please let us know what you think!

**Starting this month, our newsletter can be viewed online, at www.AdvocateSupportBlog.com

RESOURCE PAGE – GENERAL

Social Security Administration: 1-800-772-1213

Medicare: 1-800-633-4227

Medical Assistance Hotline: 1-800-492-5231

Baltimore City Social Services – Main Number: 443-423-6300

Baltimore City Department of Health: 410-396-4398

Baltimore County Social Services – Main Number: 410-853-3000

United Way of Baltimore County: 410.895.1547.

Baltimore County Department of Health: 410-887-BCHD (2243)

Anne Arundel County Social Services – Main Number: 410-269-4500

United Way of Anne Arundel County: 410.379.1319

Anne Arundel County Department of Health: 410-222-7095

First Call for Help: 211 or 1-800-492-0618

EVENT DETAILS

PLEASE RSVP TO GROUP FACILIATORS. THANK YOU!!!

Knitting & Crochet with Kim

The first 3 Tuesdays of every month, 1pm – 2:30m, meeting at the Starbucks/Target at Mondawmin Mall. Supplies and teaching are offered; no experience necessary. Coffee/snacks provided.

Diabetic Support Group with Sandy

Wednesdays, September 8th and 22nd, 11:30am – 1pm, meeting in the Atrium at Sinai Hospital. Education and support for persons with diabetes. Lunch provided.

Book Club with Sandy

Thursdays, September 9th and 23rd, 11:30am – 1pm, meeting in the Atrium at Sinai Hospital. Conversation and sharing about written works, with a new book discussed each month. Books/equipment supplied. Lunch provided.

Men's Group with Terence

Mondays, September 13th and 27th, 12:30pm – 1:30pm, meeting in the Atrium at Sinai Hospital. Support group to discuss men's issues and concerns. Snack provided.

Craft Club with Jennifer

Tuesday, September 14th, 2pm – 3:30pm, meeting at the Starbucks/Target at Mondawmin Mall. We'll be doing rubber-stamping projects for the rest of the year. Supplies and teaching are offered; no experience necessary. Coffee/snacks provided

Clean & Sober Club with Sandy

Wednesdays, September 15th and 29th, 11:30am – 1pm, meeting in the Atrium at Sinai Hospital. Education and support for persons struggling with addiction issues. Lunch provided.

Bowling with Advocate

Thursday, September 16th, noon – 2pm, AMF Woodlawn Lanes 6410 Security Boulevard Baltimore, MD 21207-5177. Open to clients and a guest; space is limited, so please RSVP to your caseworker by September 10th. Lunch provided

Resource Club with Jennifer

Tuesday, September 21st, 2pm – 3:30pm, meeting at the Starbucks/Target at Mondawmin Mall. Come by for information and resources on all kinds of topics: housing, health care, financial assistance, etc. Coffee/snacks provided.

Ice Cream Social with Jennifer

Friday, September 24th, 2pm – 3:30pm, Baskin Robbins (Dunkin' Donuts), 5800 Reisterstown Rd Baltimore, MD 21215 (next to DSS). Join us for ice cream and socialization. Snack provided.

Weight Loss Support with Jennifer

Tuesday, September 28th, 21st, 2pm – 3:30pm, meeting at the Starbucks/Target at Mondawmin Mall. A group to support men and women in their weight loss goals. Healthy snacks provided.

September 2010

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|--|---|--|--|
| 29 | 30 First day f...ergarten. | 31 First day f...ergarten. ■ 2:15 PM Weight Loss Group | 1 | 2 | 3 | 4 |
| 5 | 6 Labor Da...es closed. Labor Day | 7 ■ 1:00 PM Knitting w/ Kim | 8 ■ 11:30 AM Diabetic Group w/Sandy | 9 Rosh Has...ces closed ■ 11:30 AM Book Club w/ Sandy | 10 | 11 |
| 12 ■ 12:30 PM Men's group w/ Terence | 13 | 14 Primary El...es closed. ■ 1:00 PM Knitting w/ Kim ■ 2:00 PM Craft Club w/Jennifer | 15 ■ 11:30 AM Clean & Sober Club w/ Sandy | 16 ■ 12:00 PM Bowling w/ All Staff | 17 | 18 |
| 19 | 20 | 21 ■ 1:00 PM Knitting w/ Kim ■ 2:00 PM Resource Club w/Jennifer | 22 ■ 11:30 AM Diabetic Group w/Sandy | 23 ■ 11:30 AM Book Club w/ Sandy | 24 ■ 2:00 AM Ice cream social w/ Jennifer | 25 ■ 10:00 AM ASS Outing (tentative) w/ All Staff |
| 26 ■ 12:30 PM Men's group w/ Terence | 27 | 28 ■ 2:00 PM Weight Loss Support w/Jennifer | 29 ■ 11:30 AM Clean & Sober Club w/ Sandy | 30 | 1 Interims t...ent home. | 2 |